



**2019 GRAN FONDO  
WORLD CHAMPIONSHIPS**

POZNAN  
POLAND



# REGULATIONS



*Version : April 2019  
(subject to modifications)*

### Qualification

Riders must qualify in one of the UCI Gran Fondo World Series qualifier events during the respective season.

Each UCI Gran Fondo World Series (UGFWS) event grants participation rights for the UCI Gran Fondo World Championships. Based on the results of each race, the first 25% athletes of each age group will be awarded with guaranteed entry to the UCI Gran Fondo World Championships and be able to race for the World Champion title. The first three of each official age category will always qualify directly for the World Championships, independently of the number of starters in that age group. Riders must finish the race to be qualified.

The 25% is calculated based on the number of starters, not on the number of riders having finished the race (this includes the DNF riders but not the DNS riders). The winners of the qualification slots will be announced on the [www.ucigranfondonworldseries.com](http://www.ucigranfondonworldseries.com) website and will be invited by official e-mail to register for the World Championships via the dedicated online registration portal.

- Qualifier events hosting only a road race will grant participation rights for both the road race and time trial at the UCI Gran Fondo World Championships.
- Qualifier events hosting a separate time trial and road race will grant participation rights for each respective event at the UCI Gran Fondo World Championships – i.e time trial or road race.
- Qualifier events only hosting a time trial will grant participation rights for the time trial at the UCI Gran Fondo World Championships.

In addition, riders who participate in 3 qualifier events during the season will also be able to register for the UCI Gran Fondo World Championships. This does not require that they finish within the top 25% of their age category.

The defending World Champions are automatically qualified for the UCI Gran Fondo World Championships the following year and can register for both the road race and time trial. Silver and bronze medal winners at the previous UCI Gran Fondo World Championships must however qualify through the UCI Gran Fondo World Series events of the given year.

### Wildcards

There are 5 different types of wildcards which allow riders to participate directly in the World Championships without qualification:

- Defending World Champions (from the last UCI Gran Fondo World Championships) are automatically qualified
- All UGFWS qualifier events get 5 wildcards for the time trial and road race that they can use for riders who missed qualification due to exceptional circumstances (crash, mechanical problems, etc.)
- All countries not hosting a UCI Gran Fondo World Series qualifier event receive 10 wildcards (5 men/5 women) for their best riders. The wildcards are distributed by each National Federation.
- All countries can send their Masters National Champions (road race and time trial only) without qualification. Although some countries organize masters' national championships for

other disciplines (criterium, hill climb, granfondo), they will not be taken into account for wildcard allocations.

- The host nation of the UCI Gran Fondo World Championships benefits from an additional 20 wildcards (for both time trial/road race). These wildcards are distributed by the respective National Federation.

### **Licenses**

In order to participate, riders must acquire an annual license from a UCI affiliated national cycling federation. An international license is not mandatory, as national licenses will be accepted. However, each rider is responsible for ensuring that he/she has sufficient medical and third-party liability insurance coverage for races abroad, which may not be covered by a national license; in such cases, an additional private insurance policy will be necessary.

Admitted licenses:

- Amateur license
- Master license
- Cycling for All license
- Elite license with exception of:
  - a) Any rider who has during the current year been a member of a UCI registered team.
  - b) Any rider who has taken part in a World Championships, the Olympic Games, Continental Games, Regional Games, the Commonwealth Games, or a World Cup during the current year.
  - c) Any rider who has scored UCI points in the year of the World Championships.

### **Age groups**

Results will be provided for the following 8 official age groups, for both women and men:

- 19 – 34y
- 35 – 39y
- 40 – 44y
- 45 – 49y
- 50 – 54y
- 55 – 59y
- 60 – 64y
- +65y

Age groups are defined by the rider's age on December 31st of the year of the respective World Championships.

At the World Championships, additional age groups for men and/or women (70-74, 75-79, etc.) will be created if 6 or more riders are registered in each category, with a rainbow jersey and medals also awarded to the winners of each additional age group.

### Specific race regulations

Different age groups start at different start times in the road race. If age groups merge, they can ride together. The only exception in which a commissaire will interfere is when a rider specifically waits to help another rider in a later start group, which is forbidden.

Drafting is allowed in the road race, but NOT in the time trial.

There must be a broom car behind the last rider on each course. A specific cut-off time for road closures may be decided by the LOC together with the local authorities, and clearly communicated to all participants. Should roads be reopened, impacted riders will be obliged to respect all traffic regulations. All riders will receive a final ranking as long as they finish within any pre-determined time limits.

### Team Relay

The Team Relay is not an official World Championship. It is part of the side events program. Riders can only take part if they are officially registered for the World Championships (Time Trial and /or Road Race). The maximum number of teams is 25.

Specificities:

- Teams are composed of 4 riders.
- In principle, there will be a maximum of 1 team per country and 2 teams for the home country (unless additional team spots are still remaining).
- 1 lap per rider on a 4.1km course, with 4 laps (16,4km) in total.
- All riders must represent the same country.
- At least one female and one male rider per team.
- Teams are formed by riders from the following age categories
  - One female rider of any age
  - One rider of any age
  - One rider age 40+
  - One rider age 50+
- At least one rider per team must attend the team relay briefing.
- The start order per team is decided individually by each team, as per their specific racing strategy.
- The first rider from each team must line up at the start and carry out their required 3 laps. Each relay is then undertaken by entering the relay zone, with all 4 athletes completing their mandatory 3 laps.
- It is each rider's responsibility to count laps; teams not completing the required number of laps will be disqualified.
- After the last relay, the last rider must cross the finish line.
- A podium ceremony will be hosted immediately after the race.

## **Bikes**

All bikes must comply with UCI Regulations. A bike check will be held before the start of the Time Trial for all riders. [Articles 1.3.001 to 1.3.025](#) of the UCI Regulations outline the specific regulations which must be met by equipment at the UCI World Championships.

The following guide provides additional information regarding the above regulations:

[https://www.uci.org/docs/default-source/equipment/clarificationguideoftheucitechnicalregulation-2018-05-02-eng\\_english.pdf?sfvrsn=fd56e265\\_28](https://www.uci.org/docs/default-source/equipment/clarificationguideoftheucitechnicalregulation-2018-05-02-eng_english.pdf?sfvrsn=fd56e265_28)

## **Neutral Service**

Neutral service will be provided for the road race and time trial.

At least 1 neutral support vehicle and/or motorcycle per start group will be foreseen in the road race. If there is a break away, the neutral car must serve it as a priority.

For the time trial, the riders cannot be followed by a car with a mechanic. The organizer will provide neutral support on the side of the road at 2 or 3 key locations along the course. Private cars with spare parts/bikes/wheels are forbidden in the UCI Gran Fondo World Championships.

Given the high number of participants, it is impossible to ensure that a spare set of wheels is available for all impacted riders in the neutral support cars. Riders are therefore strongly advised to carry a puncture repair kit and a spare inner tube/tubular tire during the race.

## **Timekeeping and ranking**

All riders will receive a timing chip at registration. This timing chip needs to be worn during the race for all events: time trial, road race and/or team relay. Any rider not wearing the timing chip will be disqualified.

## **Jerseys**

Riders shall wear a national jersey representing their nationality (and not their country of residence or license affiliation, should it differ from the latter). Although the official national jersey is not required, the jersey should visually represent the athlete's country, with a similar design and colors.

- Club and private sponsors are authorized to appear on the jerseys.
- National Federations can offer advice on where to purchase a national jersey.
- If riders are unsure about the layout, they can submit their design by email to [massevents@uci.ch](mailto:massevents@uci.ch).

It is forbidden to wear:

- The previous year's World Champion jersey
- The UCI Gran Fondo World Series age group winner jersey (all age categories)
- The rainbow stripes on the national team jersey

- The rainbow stripes on sleeves and collar
- The rainbow stripes on the bike
- The rainbow stripes on the helmet
- Sleeveless shirts and triathlon suits (without sleeves)
- Compression socks

### **Back number**

Race numbers must be attached to the back of the jersey (on the lower part of the back for better visibility). Each age category will receive a different colored race number.

### **Signage**

All signage on the World Championships course will be marked at least the Wednesday before the event so that riders can train on the course.

### **Awards Ceremony**

The first three riders in each age group (women and men) will be called to the podium during the official UCI awards ceremony. All three riders will receive their respective medal on the podium (gold, silver, bronze) and the national anthem of the country represented by the winner will be played.

The winners must appear in their racing gear; it is forbidden to wear a helmet, hat, sunglasses or open shoes. The schedule for the awards ceremony will be announced in advance. It is mandatory for all concerned athletes to attend the ceremony.

The new UCI World Champions will receive the official UCI rainbow stripes jersey. After the Championships, they will also receive a letter detailing all guidelines applicable to the use and production of the rainbow stripes jersey.

### **Safety**

- Helmet: Wearing a helmet is mandatory for all competitions, throughout the whole race.
- License and insurance: Riders must possess a valid annual national federation license in order to participate, as well as adequate assurance coverage (provided through an international license or an additional private insurance policy).
- First aid: A number of medical assistance vehicles will be following the race. There will also be a first aid station at the start and finish area.
- Information on the back side of race numbers: The organizer shall produce race numbers which include, on the back side, a medical form. All participants must complete this form,

which will support the work of the LOC and medical personnel in the event of any emergency. The minimum information required is the following:

- Last name and first name
- Blood group
- Any medical conditions (asthma, diabetes, allergies, etc.)
- Any current medication
- Last name, first name and telephone number of an emergency contact person